

Terrapin Social Sports

6v6 Volleyball

Eligibility Rules

1. All players must have a current state issued ID in order to sign in and participate. **Players MUST be on the online roster AND complete the waiver before playing in any game or match.**

The Game

1. Teams should be ready for play at the scheduled time. A team with less than two (2) players at match time will FORFEIT the first set/game. Teams with less than two (2) players fifteen (15) minutes past the scheduled start time will FORFEIT the ENTIRE match.
2. Prior to the beginning of the match, the team captains will participate in a coin toss to determine the choice of (1) first service or (2) court positioning. At the end of each game, the service and courts will automatically exchange.
3. If extended to a decisive third set, another coin toss will be held to determine choice of serve or court side. Once a team reaches eight (8) points, the teams exchange playing areas.
4. **Matches:** Will consist of the best of three sets. Rally scoring shall be used throughout all 3 sets, team first to score *25pts (win by two, 30 pt cap) will win the match
 - a. *The third set will only be played if need be. First team to 15 (win by two, 20pt cap) wins.
 - b. 5. **Time Outs:** One (1), one minute time out per team per set. Unused timeouts do not carry over. 6. **Rotating:** Positional regulations will still be enforced. Players must rotate positions on the court, in a clockwise manner.

Equipment

1. Gym shoes must be worn. Black-soled shoes, sandals, bare-feet, and boots are strictly prohibited.
 - a. **Jewelry:** PLAYERS ARE NOT ALLOWED TO WEAR LOOSE JEWELRY. (FITNESS TRACKERS, WATCHES, NECKLACES, HOOP EARRINGS, ETC., are not permitted.) Covering the item with tape is not acceptable, as it does not prevent the possibility of injury.
2. Hats with a brim or unyielding material may not be worn during play.
3. The Officials will provide the game ball.

Players and Substitutions

1. A team shall be composed of six (6) players. Roster maximum is ten (10).
2. A minimum of two (2) players are required to start a match. In the event that a player becomes injured or has to leave the game (other than ejection) the game shall continue until the Supervisor deems it a farce.
3. **Substitutions:**
 - a. Teams may elect to rotate all players in one at a time through the server's position OR may substitute player for player.
 - i. If teams choose to substitute player for player, a person who has subbed out may only re-enter in the same place for the same person.
 - ii. Subs must be recognized by the "down" official. If the substitution is not completed promptly, the referee shall charge a timeout to the offending team.
 - b. Teams must use the same method (rotation or player for player) for each entire set.
4. When playing a game with fewer than 6 players and empty spot(s) or "hole(s)", teams will NOT be allowed to bring back row players up to attack. This will result (at times) in only 2 (or potentially 1) "front row" player(s)

that are eligible to attack at the net.

MISC Rules

1. Teams playing with only 4 or 5 players will lose the serve when the empty position(s) or "hole" rotates into the service position (back right). **HOWEVER, the opposing team will NOT be awarded a point.**
2. Serves may be underhand, overhand or participants may attempt to jump serve. Serves may be taken from anywhere along the endline; regardless of where the other back-row players are standing.
 - a. Players may not bump or kick the ball over as a serve.
3. If the serve touches the net, inside the antennas (sidelines), **IT IS LIVE and must be played.** The ball will be deemed out of play if it hits a post, net support, or the net outside of the court boundary.
4. Players may cross the centerline if they are OUT of bounds and do not interfere with the other team (if they do interfere, a centerline violation shall be called).
5. Any player's foot, hand, or other body part that COMPLETELY crosses the centerline inside of the court will be called for a violation.
6. Double hits should not be called on a hard hit or a serve; however, a lift may be called as judged by the official.
7. Players may contact the ball with any part of the body, INCLUDING the feet, whether intentionally or not.
8. **UNSPORTSMANLIKE CONDUCT is a violation.** The referee shall have the power to warn, declare side-out/point, and/or disqualify from the game/match anyone (player, coach, or spectator) who commits any violation of good sportsmanship. Yellow and red cards will be given. See Sportsmanship Policy for additional information.

Special Mixed Gender Rules

1. Each team must begin with one of the following gender ratios on the court. Many teams will have "men" and "women" playing, but for those teams with non-binary players, the rule is "no more than 3 men"..
Penalty: Forfeit (Exception: uneven numbers due to lack of substitutes after an injury).
 - a. 2 men and 2 women or "not men"
 - b. 2 men and 3 women or "not men"
 - c. 3 men and 2 women or "not men"
 - d. 3 men and 3 women or "not men"
2. The net will be placed at men's height (7'11").
3. Men may not be back to back in the serving order.